

## Public newsletter April 2019



*Kevin Goucher, Chair of the Health Forum and Governing Body Patient Representative.*

Welcome to this month's newsletter.

I'd like to invite you to *Get Engaged with...Primary Care* this May.

To raise awareness of the services available in our town and enable local people to learn more about who NHS Warrington Clinical Commissioning Group (CCG) are and what they do, the first Get Engaged event of 2019 will take place on **Wednesday 15th May from 6pm-8pm at The Gateway, Sankey Street, Warrington.**

May's event will focus on raising awareness of Primary Care. The session will be an opportunity for attendees to learn more about Primary Care in Warrington.

Topics to be highlighted during this session will include an overview of the use of technology within GP practices to benefit patients, a look at the wide range of professionals who work within the Primary Care setting and at the options available to us when we feel unwell.

To book your free place, contact NHS Warrington CCG's Communications and Engagement Team on 01925 843774 or email [warccg.communications@nhs.net](mailto:warccg.communications@nhs.net)

When you book your place, you can also submit your general questions about Primary Care. NHS Warrington CCG will aim to answer all pre submitted questions during the session.

[Click here](#) to access the event poster, please do share with your networks and

contacts.

I look forward to seeing you on 15th May!

Until next month,

**Best wishes,**

**Kevin Goucher**

**Chair of the Health Forum and Governing Body Patient Representative**

### **Criteria Based Clinical Treatments: Phase three**

We are continuing our review of more treatment policies to ensure that our resources are used on the treatments that work best and provide the best long-term health outcomes for local people. The survey asking for your thoughts on the phase three of this work closes on Sunday 19th May. To have your say before the closing date, [visit our website](#) for more information and for details of the feedback survey.



As part of Volunteers Week we are celebrating and thanking our patient representatives, Health Forum members and PPGs.

Come along on Tuesday 4<sup>th</sup> June to celebrate with sandwiches and cake! It will be an informal lunch to say thank you for your hard work over the past year.

[Click here](#) to view the event poster.

To book your place and for more information, please contact Katie Horan, Engagement Manager, via [katie.horan@nhs.net](mailto:katie.horan@nhs.net) or call 01925 843 745

**YOUR DIABETES, YOUR WAY FORWARD**

**NHS**

The key things you can do to live well with diabetes are:

- 1 Know your **blood pressure** numbers
- 2 Know your **cholesterol** levels
- 3 Know your **blood sugar** levels (called HbA1C)

You can improve your numbers by:

- Maintaining a healthy weight
- Staying active
- Taking your medication properly
- Eating a healthy, balanced diet
- Going to your regular checkups

For more information about living well with diabetes in Warrington visit:  
[warrington.mydiabetes.com](http://warrington.mydiabetes.com)

Our diabetes campaign, *Your Diabetes, Your Way Forward*, co designed together with a focus group of clinicians, patients, patient representatives and partners, went live on 1st April.

The campaign aims to highlight to people living with Type 1 and Type 2 diabetes top tips on how to live well with the condition.

You can get involved by:

Downloading the campaign [poster](#) and [leaflet](#) and spreading the word via your networks

Logging on to the new website - [My Diabetes, My Way](#) - and finding out more about living well with diabetes

Sharing the diabetes focused social media messages from [Facebook](#), Instagram\* and [Twitter](#) on your channels

Downloading and sharing the [campaign key messages](#) with your networks

The campaign is also supported by a radio advert on Wire FM which runs until early May.

\*Please note: You can access our Instagram account by downloading the app from your preferred app store. Once downloaded and an account created, you can find us by searching NHS Warrington CCG.

**Preparing for EU Exit**

The [Department of Health and Social Care](#) (DHSC) is leading the response to EU Exit across the health and care sector. DHSC is also the key contact for the sector with the Department for Exiting the EU (DExEU) and the Cabinet Office. NHS England and [NHS Improvement](#) are working closely with DHSC to best prepare the NHS.

For more information about how the NHS is preparing for the EU Exit, [please click here.](#)

You can also access the government's dedicated EU Exit preparation website [here.](#)



### Primary care networks explored

NHS England has launched a new monthly podcast focusing on Primary Care networks, featuring a range of perspectives on the benefits, challenges and opportunities the networks present. In this first episode, Dr Charlotte Canniff, Clinical Chair of North West Surrey Clinical Commissioning Group and Clinical Lead for Primary Care Transformation at Surrey Heartlands Health and Care Partnership, discusses how she is supporting primary care network development in her area. [Take a listen.](#)



This month's blog, from Tilly Dobbin, Cancer Screening Coordinator, focuses on

Bowel Cancer in light of April being Bowel Cancer Awareness Month. Read the full [blog here](#).

## Get involved

### Equality and Diversity Patient Champions

We're looking to recruit Equality and Diversity Patient Champions.

Under the Equality Act 2010 CCGs must consider nine protected characteristics in delivering and commissioning health services. Whilst the NHS Warrington CCG continues to meet its obligations under the legislation, there is a need to raise the profile of these different equality areas and other 'vulnerable' or 'hard to reach' groups.

It is important to understand the impact of health services to the nine protected characteristics and the wider community. As part of this the CCG undertakes Equality Impact Assessments (EIAs).

The main responsibility of a Patient Equality Champion is to be involved in the undertaking of EIAs and to also have a greater understanding of Equality and Diversity within the NHS.

Click here to view the role [description](#).

if you'd like to find out more or put yourself forward as a Equality and Diversity Patient Champion, please contact Katie Horan, Engagement Manager, **on** 01925 843 745 or email [katie.horan@nhs.uk](mailto:katie.horan@nhs.uk)



### What would you do to improve local health services?

With growing pressure on the NHS – people living longer, more people living with long-term conditions, and lifestyle choices affecting people’s health – changes are needed to make sure everybody gets the support they need.

The NHS has produced a ten-year plan, setting out all of the things it wants health services to do better for people across the country. Now your local NHS needs to hear from you about what those changes should look like in your community.

Healthwatch are running a national survey looking for the views of patients about the NHS’ Long Term Plan. To take part and to find out more, [please click here](#).



### 16 cancers patient case study appeal

Do you know a patient who has been affected by smoking?  
Would they be prepared to share their story as a warning to others?

The NHS North of England Cancer Alliances and NHS England and NHS Improvement are seeking patient case studies for a forthcoming quit smoking

campaign to raise awareness of the 16 types of cancer caused by smoking.

In June 2019, the NHS North of England Cancer Alliances will be launching a Health Harms campaign across the North of England to encourage smokers to make a quit attempt. This will run across the North East, North West and Yorkshire and the Humber where around 1/3 of England's smokers live.

They are appealing for any former smokers who have been diagnosed with a smoking related cancer who would be prepared to share their story to help motivate smokers to quit.

They are seeking someone whose life has been affected by a cancer caused by smoking—either themselves or a loved one, and would be prepared to share their story publicly as a warning to others. We realise this would be a brave step, but coverage of how smoking affects real people can act as a very powerful trigger for quitting smoking.

The 16 cancers caused linked to smoking are: Oral cavity, Nasal cavity and paranasal sinuses, Pharynx, Larynx, Oesophagus, Lung, Stomach, Liver, Pancreas, Kidney, Ureter, Bladder, Ovary, Cervix, Colorectal (bowel), and Myeloid leukaemia (Source—International Agency for Research on Cancer (IARC)).

If you are a current or former cancer patient, the next step would be an informal conversation with an NHS Communications Lead to explain about the campaign. If you would like to get involved, please email [cara.charlton@nhs.net](mailto:cara.charlton@nhs.net) or call 0113 825 5481 to discuss next steps that conform to GDPR and NHS consent protocols. Do not send confidential details at this stage.

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**National/Regional NHS news**



**Quit smoking advice for pregnant women in NHS drive to prevent stillbirths**

Pregnant women are to be offered specialist stop smoking referrals as part of NHS action to reduce stillbirths, which has already resulted in at least 160 babies' lives being saved. [More here.](#)

**NHS Long Term Plan**

[#NHSLongTermPlan](#)

**NHS Assembly announced to help deliver the Long Term Plan**

A neonatal intensive care nurse, a GP who champions work with community groups and prominent disability and learning disability advocates are among people from across the country appointed to a new forum which will support delivery of the NHS Long Term Plan. [More here.](#)



**NHS England and NHS Improvement update: New regions. New Twitter**

From April 1st 2019, NHS England and NHS Improvement's working arrangements became officially become more closely aligned. This involved the

development of two new regions across the North of England - North East and Yorkshire and North West.

That means the new regional NHS body for our area is **NHS North West**. Amongst other things, NHS North West exists to support healthcare commissioning and delivery at a local level across our region. They also provide professional leadership for finance, nursing, medical, specialised commissioning and assurance and delivery.

The @NHSEnglandNorth Twitter will be phased out over the coming months and a new regional NHS Twitter account, // [@NHSNW](#) will begin to operate. Please follow this new account to keep up to date with regional activity from NHS England and NHS Improvement across the North West.



## Leadership update

### Chief Executive

Daren Mochrie joined the trust as chief executive on 1 April 2019 following an intensive recruitment process involving commissioners, non-executive directors and external representatives. [More here.](#)

### Chairman

Peter White took up the role of Chairman of North West Ambulance Service on 1 February 2019 following the departure of Wyn Dignan. [More here.](#)

### Medical Director

Chris Grant joined the board of directors on 1 April 2019 in the role of medical director following the departure of David Ratcliffe. [More here.](#)

### Finance director

Also joining the board on 1 April 2019 was Carolyn Wood, Director of Finance. Carolyn has a broad range of financial services experience and knowledge from working within a range of organisations in the North West, including acute providers, commissioners, NHS England and the Strategic Health Authority.

[More here.](#)

**Health in the media**  
News stories from: **April 2019**  
Please click headlines for more information

[Warrington Guardian \(20th April\) We're looking for the best doctor or nurse in Warrington](#)

[Warrington Worldwide \(20th April\) Chance to see behind the scenes at CMTC](#)

[BBC News \(15th April\) Warrington Hospital: A&E service has 'deteriorated' since 2017](#)

[NHS England \(15th April\) Digital tool to help reduce avoidable lengthy stays in hospital](#)

[NHS England \(13th April\): GP scheme frees up half a million hours for patients](#)

[Warrington Guardian \(5th April\) New hospital site to be selected by January](#)

[thenantwichnews.co.uk \(2nd April\) New non-emergency contract boosts ambulance cover in South Cheshire](#)

Warrington Guardian (1st April) Concerns over how long new hospital could take to deliver

Warrington Guardian (29th March) Love Island star Dr Alex visits Culcheth High School for NHS talk

alderleyedge.com (28th March) New service brings 30 additional non-emergency ambulances

Warrington Guardian (16th March) Heathfield in Grappenhall rated outstanding by CQC

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## Upcoming meetings

### **Governing Body**

The next Governing Body meeting will take place on Wednesday 8th May from 2pm until 4.30pm at Arpley House.

### **Health Forum**

Tuesday 7th May 2019  
The Gateway  
(89 Sankey Street, Warrington, WA1 1SR)  
1:00pm - 3:00pm

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## Privacy and unsubscribing

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